

Starters (Aufgaloop)

all Prices in Euro

Smoked tuna carpaccio with lettuce, 14.50
 Avocado and wasabi cream ^{B,D,L,M,1}

Tuna have an elongated, spindle-shaped body that is only slightly flattened at the sides, the center of gravity of which is in the front part of the body. They reach body lengths of about 1 m to 4.5 m and can weigh between 20 kg and 700 kg.

Colorful antipasti 14.90
 with buffalo mozzarella ^{A,D,G,3,9}

for 2 Person 27,50



ATLANTIC Caesar salad with bread chip, 12,50
Cherry tomatoes and Grana Padano

with fried chicken breast and bacon 17,50

Caesar Salad is an internationally renowned American cuisine salad attributed to the Italian-American Cesare Cardini. The main ingredient is romaine lettuce, served with a special dressing, croutons and parmesan.



Leafy vegetables

Colorful lettuce with tomato, cucumber, bell pepper, croutons and seeds ^{K, I} (Wheat)

Small portion	6,50
Big portion	9,00

with the following dressings to choose from:

Caesar Dressing ^{A, B, D, G, L, 1, 2, 3, 4, 7, 9}

Herb Dressing ^L

Balsamic Dressing ^{G, L, 1, 7, 9}

Pomegranate Dressing

Choice of toppings:

Surcharge:

3 fried shrimp	6,50
marinated chicken breast cubes	4,50
pink fried strips of beef steak	7,50
smoked tofu cubes with sesame	3,50

Soups



White tomato soup

8.50

with fried falafel cubes ^{G,E,D,I(Wheat),3,9}

Falafel are fried patties made from pureed beans or chickpeas, herbs and spices that are popular as a snack. The dish comes from Arabic cuisine.

The place and time of the creation of the dish are not known, but it is likely to be a very old dish. Some historians believe it originated in Egypt, where it is also called ta'amia, and may have been created by the Christian Copts as a meatless dish for Lent. Others, however, suspect his origins in Lebanon or Palestine. Falafel is part of all cuisines in the Near East and North Africa.



Crema de maíz (corn cream soup)

7.90

with coriander ^E

Pasta

Ravioli

filled with goat cheese in spicy tomato sauce
with Kalamata olives and capers ^{A,E,D,I(Wheat)}

16,50

The reddish-brown to black Kalamata olives have a harder skin, are very aromatic and a little salty. They are almond-shaped and are harvested in the Messenia region of the Peloponnese island. They are usually preserved in a mixture of vinegar and oil, but oil is also extracted from the olive variety.

Spaghettini Carbonara

with guanciale ^{A,D,E,G,I(Wheat),9}

16,90

The guanciale is an air-dried, streaky bacon that has one or more layers of muscle meat in the middle. The flavor is strong, a result of the many spices used in its manufacture.

Main Dish

Meat

Grilled rump steak ^{D, 2}	31,50
Iberico Carree ^{D, 2} The Iberian pig is a low-maintenance breed of pig native to southwestern Spain, as well as the province of Teruel and Portugal. The animals are mostly kept as free-roaming pigs in cork oak and holm oak groves (Spanish dehesas) and are often fattened with acorns.	32,50
Veal involtini with spinach and ricotta ^{D, G, l(Wheat), 2}	26,50
Glazed boneless beef ribs ^{E, G, L}	33,90
ATLANTIC veal escalope with fried potatoes, Cucumber salad and cranberries ^{A, D, l(Wheat) 1, 2, 3, 8}	26,00

Each main course includes a vegetable side dish, filling side dish and a sauce of your choice. Additional side dishes can be ordered at an additional cost.

Fish

White halibut fillet in panko herb coating ^{B,D,I(Wheat)} 28,50

The halibut or white halibut is found in the North Atlantic and is the largest species of flatfish with a body length of up to 300 cm and a weight of up to 400 kg. A halibut can live up to 50 years. Despite its name, this genus does not belong to the butte family, but to the plaice family.

Fried salmon trout fillet ^{B,D,2} 25,50

The term "salmon trout" is derived from the orange to red color of the flesh, which is reminiscent of salmon. Salmon trout can be farmed from any species of trout, but they are larger and fattier than "regular" trout. As with salmon, their slaughter weight is 3 to 5 kilograms, with their fat content of 6 to 10 percent being well below that of salmon, whose meat contains around 14 percent fat.

We deliberately keep our range of fish small so that we can produce products from sustainable fisheries.

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Main Dish-Vegan


Baby spinach salad with lukewarm paprika bulgur, 18.50
 Pomegranate syrup and tofu vegetable skewer ^{E,M,I(Wheat)}

Bulgur is wheat pre-cooked with steam under pressure. After subsequent drying, the exposed bran is mechanically removed. Then the grain is roughly or finely cut with a groat cutter.

It is mainly made from durum wheat and is a staple food in Turkey and the wider Middle East. Bulgur can be cooked like rice and with different ingredients like vegetables and/or meat. Similar to couscous in North Africa, it can also be steamed or soaked and prepared as tabbouleh or kısır. It is also an important ingredient in the dish Çiğ Köfte, which is particularly common in south-eastern Turkey.


Baked celery
 on sweet potato - lentil curry ^{E,L,M,I(Wheat)} 15,50

Saucen	Side dishes	Vegetables side dishes
Lemon Caper Sauce ^{D,E,G,}	Two kinds of potato gratin ^{A,D}	Cauliflower puree ^{D,E}
Smokey BBQ sauce ^{E,L,G,}	Baked risotto balls A,D,G,I(Wheat),9	Grill vegetables ^{G,9}
Orange balsamic sauce ^{D,E,G,}	Mediterranean Cous Cous (Vegan) ^{E,I} (Wheat)	Grilled green asparagus with cherry tomatoes ^D
Honey shallot sauce ^{D,E,G}	Steak fries ^(Vegan)	Colorful lentil vegetables ^{D,E,K}
Tomato Butter from sundried Tomatoes ^{G,L,3}	Herb sea salt potatoes ^(Vegan)	Baby Cream Spinach ^{D,E}
	Taglierini basil pesto A,D,I(Wheat),9	Fried king oyster mushrooms with spring leek ^{D,G,9}

Additives

Allergens

Number

- 1 With preservatives
- 2 with colorings
- 3 with anti-oxidation means
- 4 with Süßungsmittel
- 5 phenylalanine spring contains
- 6 with phosphate
- 7 Sulphurized
- 8 Blackened
- 9 with taste amplifier
- 10 Caffeine-containing
- 11 Quinine-containing

Letter

- A Egg
- B Fish (all Fischspecies, Caviar)
- C Crustaceans
(Crab, shrimp, crawfish, scampi)
- D Milk
- E Celery
- F Sesame seeds
- G sulfur dioxide and sulphite
- H Peanuts
- I Cereals containing gluten (wheat, rye, barley, oats, spelled, kamut, emmer, einkorn, Grünkern)
- J Lupine
- K Nuts (almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios, macadamia nuts)
- L mustard
- M soybeans
- N molluscs
(Snails, abalone, octopus, squid, calamares, all mussels, oysters)