

Aufgalopp (Starter)

alle Preise in Euro

Vitello tonnato with tuna sauce, 14,90
Arugula and baked capers^{B,D,G,L,1,2,9}

Vitello tonnato (from Italian vitello 'calf', tonno 'tuna' - tonnato with tuna) is an antipasto from Piedmont. This starter of Italian cuisine is thinly sliced veal cooked in a vegetable broth and white wine, which is then covered in a tuna sauce when cold.

Mixed Antipasti 13,90
with mozzarella and tomato bruschetta^{A,D,G,3,9}

for 2 people 24,50

Baby spinach salad with raspberry vinaigrette,
fried pulpo and Grana Padano^{A,C,D,G,1,2,9} 14,50

The octopus (pulpo), the largest member of the squid family, occurs worldwide in all warmer zones of the oceans, in which the water temperature does not exceed 20 ° C. Rocks with caves, coral reefs and seagrass meadows are home to these cephalopods, which can be found at depths of up to 200 meters. They mainly feed on crabs, crayfish, snails and the occasional fish.



Mixes leaf Salad

Colorful salads with tomato, cucumber, bell pepper, croutons and seeds ^{K, I (Wheat))}

small Portion	6,50
big Portion	8,50

with the following dressings to choose from:

Caesar Dressing ^{A, B, D, G, L, 1, 2, 3, 4, 7,9}

French Dressing ^{G, L, 2, 3, 4,9}

Balsamico Dressing ^{G, L, 1, 7,9}



ATLANTIC Caesar salad with bread chip,

Cherry tomatoes and Grana Padano ^{A,B,D,G,L,I (Weizen),1,2,9}

11,50

with fried corn poulard and bacon

16,50

Caesar Salad is an internationally known US-American salad, which is attributed to the Italian-American Cesare Cardini. The main ingredient is romaine lettuce, which is served with a special dressing as well as croutons and parmesan.

Übergänge (Soup)

Two kinds of paprika cream soup,

with roasted garlic baguette ^{G,E,D,I(Wheat),3,9}

8,50

The plant genus paprika belongs to the nightshade family. It is best known for its fruits, which are used as vegetables and spices. Depending on the size, color and taste as well as sharpness, special names such as chilli, Spanish pepper, hot peppers, peperoncini or chili peppers are used for many varieties. Almost all peppers contain - in very different concentrations - the substance capsaicin, which creates the heat.

Crema de maíz (corn cream soup)

with chorizo croutons ^{D, E, G, M,1,2,3,4,8}

7,50

Kreuzungen (Pasta)

Spaghetti Carbonara with Guanciale,

Grana Padano and melted cherry tomatoes ^{A,D,G,I(Wheat),9}

15,90

The guanciale is an air-dried, streaky bacon with one or more layers of lean meat in the middle. The taste is strong, a result of the many spices used in its manufacture.

Pappardelle

with oyster mushroom ragout and fried salsiccia ^{A,D,G,I(Wheat),3,9}

16,90

Salsiccia is an Italian, coarse-grained raw sausage in German-speaking countries.

In terms of structure and taste, it often resembles a German, coarse bratwurst. Depending on the region, Salsiccia is made with different types of meat and enriched with herbs, spices and flavors.

Mezzelune

filled with spinach and ricotta with pesto rosso ^{A,D,K,E,G,I(Wheat),9}

14,90

Schlutzkrapfen, or Schlutzer for short, are a regional noodle specialty from Tyrol. They are similar to Italian ravioli and are therefore called ravioli tirolesi or mezzelune in Italy. Similar dumplings can also be found in neighboring regions of Tyrol, such as Carinthian noodles from Friuli and Maultaschen from Swabian.

Hauptrennen (Main Dish)

Meat

Grilled rump steak from the German heifer ^{D, 2}	29,50
Karee from Susländer pork (280g) ^{D, 2} Enjoy the "pure" pig - without antibiotics, without chemical additives, naturally grown in Schleswig-Holstein, regionally and transparently. The animals are born, raised and kept on only 5 farms. The feed comes from a nearby flour mill.	28,50
Medium fried veal liver ^{D, G, l(Weizen),2}	26,50
ATLANTIC veal escalope with fried potatoes, Cucumber salad and cranberries ^{A, D, l(Wheat)1,2,3,8}	24,50

Each main course includes a vegetable side dish, filling side dish and a sauce of your choice. Additional supplements can be ordered for an additional charge.

Fish

Marinated salmon fillet in beech chip coating ^{B,E,L D, l(Wheat), 2}

25,50

Salmon is one of the most valued food fish today. Its orange-pink to dark red meat is rich in omega-3 fatty acids and protein. It can be consumed raw, boiled, fried and smoked.

Crispy pikeperch fillet ^{B, D, 2}


24,50


The pikeperch belongs to the perch family. It is the largest perch species living in fresh water in Europe. It lives in Europe from the river basin of the Rhine to the Urals and in western Asia in northwestern Turkey and around the Caspian Sea. Pikeperch can also be found in the brackish water of the entire Baltic Sea.

We deliberately keep our fish range small so that we can produce products from sustainable fisheries.

Each main course includes a vegetable side dish, filling side dish and a sauce of your choice. Additional supplements can be ordered for an additional charge

Haupttrennen (Main Dish)-Vegan

„Vegan Burger“  E, M, I (Wheat) 16,50
Tomato focaccia with falafel and fried antipasti vegetables,
Sugo and fries

Rondini  G, I (Wheat) 15,50
filled with basil in a tomato-vegetable sauce and baked rocket

Rondini are round pasta with a jagged edge that is filled - similar to ravioli.

Saucen

Red Onion Jam ^{G,9}

Chervil sauce ^{D,E,G,9}

rosemary -Sauce ^{D,E,G,9}

BBQ-Sauce ^{G,L,E,9}

Vegetable side dishes

Grilled vegetables ^{G,9}

Pointed cabbage cream
vegetables ^D

Glazed parsnip vegetables ^D

Two kinds of carrot vegetables
^D

Side dishes

Gnocchi Rossi ^{A,D,I(Wheat)}

Potato and leek gratin ^{A, D}

French fries

Herbal sea salt potatoes ^D

Zusatzstoffe

Zahlen

- 1 mit Konservierungsstoffen
- 2 mit Farbstoffen
- 3 mit Antioxidationsmitteln
- 4 mit Süßungsmitteln
- 5 enthält eine Phenylalaninquelle
- 6 mit Phosphat
- 7 Geschwefelt
- 8 Geschwärzt
- 9 mit Geschmacksverstärker
- 10 Koffeinhaltig
- 11 Chininhaltig

Allergene

Buchstaben

- A Eier
- B Fisch (alle Fischarten, Kaviar)
- C Krebstiere, Krebs, Schrimps, Garnelen, Langusten, Hummer, Scampi)
- D Milch
- E Sellerie
- F Sesamsamen
- G Schwefeldioxid und Sulphite
- H Erdnüsse
- I Glutenhaltiges Getreide (Weizen, Roggen, Gerste, Hafer, Dinkel, Kamut, Emmer, Einkorn, Grünkern)
- J Lupine
- K Schalenfrüchte (Mandeln, Haselnüsse, Walnüsse, Cashewnüsse, Pecannüsse, Paranüsse, Pistazien, Macadamianüsse)
- L Senf
- M Sojabohnen
- N Weichtiere
(Schnecken, Abalone, Oktopus, Tintenfisch, Calamares, alle Muscheln, Austern)